



Outdoor Survival Skills

The art of surviving in the wilderness is an essential skill that students will learn all about through interactive lessons led by our educators. Throughout this lesson, students will learn how to first build a shelter. Students will work together in groups and venture outside to collect supplies to create their shelter, sticks, branches, etc, (but will also have supplies provided by our educators) to build a shelter to protect themselves from the elements. The first day of this lesson is spent on collection and planning and the second day is on construction. The sky of a very useful tool from purifying water to navigating North, students will learn all about how to utilize the sky! Our educators will identify local wildlife and how to interact with them if they are dangerous. We will explore how to exist harmoniously with local wildlife when camping, hiking, and more. Students will learn to identify edible plants and plants that have medicinal effects. Our educators will show students how to build a fire from scratch and on the last day of this unit, students will an outdoor survival test!

Day 1: Creating a shelter 1

Day 2: Creating a shelter 2

Day 3: Utilizing the sky 1

Day 4: Utilizing the sky 2

Day 5: Animal Awareness

Day 6: Bear attack

Day 7: Creating tools

Day 8: Catching food

Day 9: Edible plants

Day 10: Medicinal plants

Day 11: Building a fire

Day 12: Last day outdoor survival test